

PROFESSIONAL PROTOCOLS BOOK

Treatments and application methodology



ATACHE
DERMATOLOGICAL CARE

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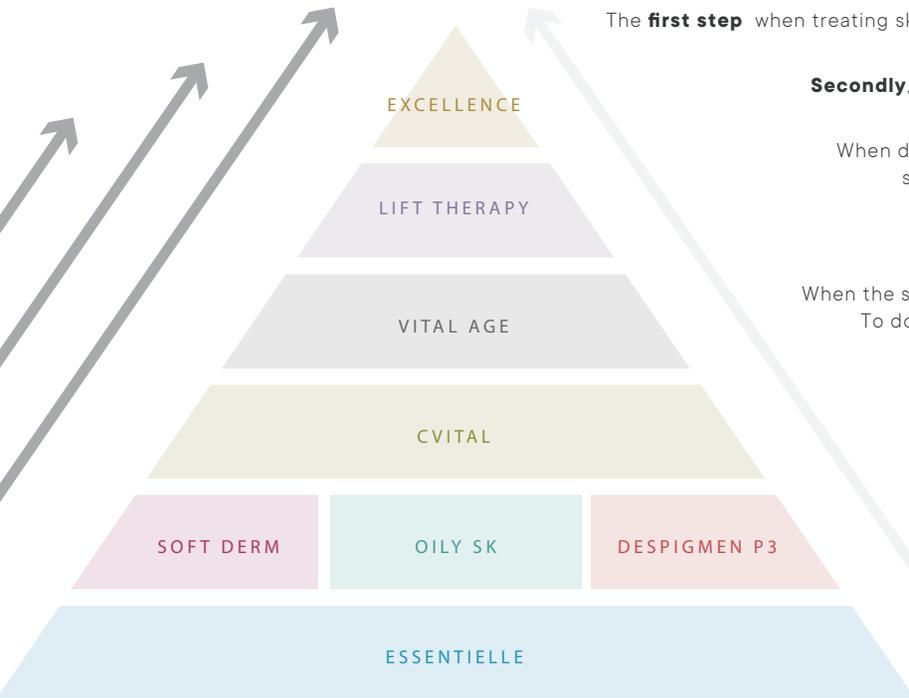
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PROFESSIONAL SESSIONS

General introduction

ATACHE treatments and ranges have been devised with the aim of meeting diverse skin needs, guaranteeing its optimal state of health and, in turn, its beautiful appearance. As such, our concept allows for the creation of professional skin treatments customised to suit every skin type and condition.



The **first step** when treating skin is to deeply and efficiently cleanse it, for which reason the base of our pyramid comprises the **ESSENTIELLE** range.

Secondly, the skin's health condition must be analysed as sometimes a specific treatment must be applied.

When dealing with sensitive or damaged skin, the **SOFT DERM**, range should be applied; when the skin is suffering or prone to acne, it should be treated using **OILY SK**, and if pigmentation is to be treated, the **DESPIGMEN P3** range should be used.

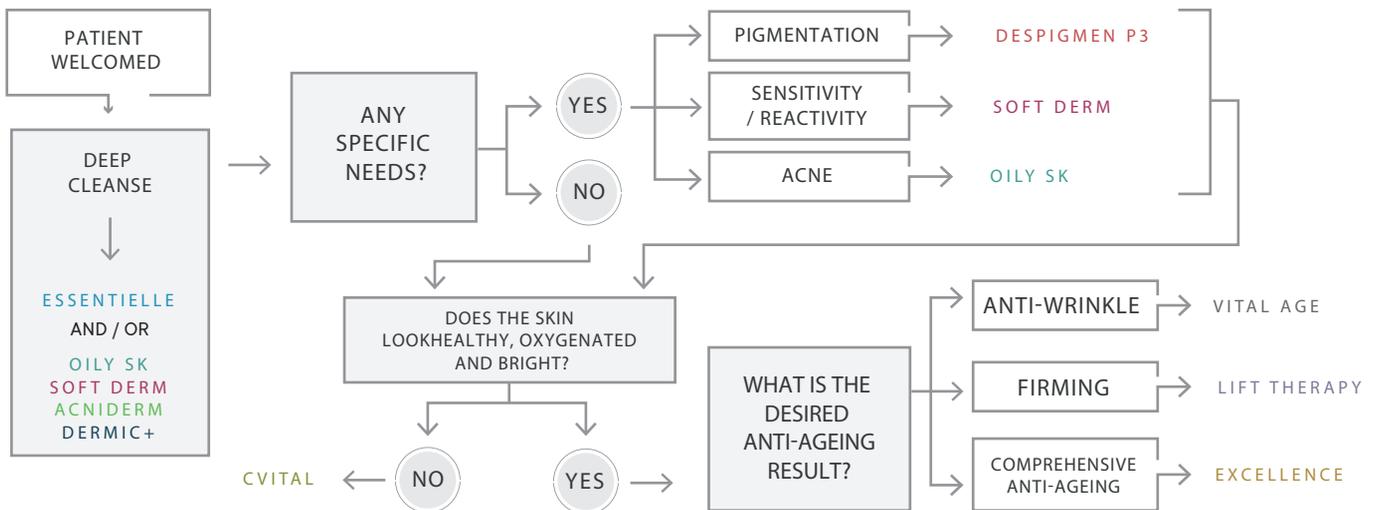
When the skin is free of anomalies, its signs of ageing can be addressed. To do this, first we have the **CVITAL**, range, which is an antioxidant treatment that neutralises oxygen free radicals and leads the skin to an optimal condition to undergo more intense anti-ageing treatments.

VITAL AGE offers an intense anti-wrinkle solution while also acting on renewing and transforming the skin.

LIFT THERAPY firms the skin, leaving the complexion looking plumper and benefiting from its botulinum toxin effect.

EXCELLENCE is a comprehensive anti-ageing treatment that addresses all anti-ageing needs.

DIAGRAM TO CREATE THE PERFECT COSMETIC DIET



WORK METHOD

	VA VITAL AGE	CV CVITAL	LT LIFT THERAPY	EX EXCELLENCE	SD SOFT DERM	SK OILY SK
Exposure time	55 min	50-55 min	55 min	55 min	50 min	55 min
Time for customer preparation	5 min	5 min	5 min	5 min	5 min	5 min
Time for customer preparation	5 min	5 min	5 min	5 min	5 min	5 min
Content of the programme	5 sessions	5 sesiones	5 sessions	5 sessions	25 sessions	25 sessions

ESSENTIELLE PROFESSIONAL DEEPCLEANSINGTREATMENT

1 PREPARE THE SKIN: Japanese double cleanse _____ 8-10 min.

All skin types



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER¹** and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **TOTAL MAKEUP REMOVER¹**, wiping it across the entire upper eyelid.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER¹**. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

2 Lip make-up removal 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER¹** and wipe in a figure-of-eight motion while preventing the product from entering the mouth.

4 Deep make-up removal 4 min.

In a bowl, emulsify the gel and tonic suited to each skin type. Apply the emulsion by tracing circles with the fingertips and massaging in gently. Then remove with water and disposable towels and/or sponges.

2 RENEW THE SKIN: Choose an option following professional criteria _____ 6-15 min.

Physical exfoliation



Apply **EXFOLIATING SCRUB⁴** to the face, neck and décolletage. Massage in using gentle circular motions. Remove as usual and dry

Chemical exfoliation



Apply to the face, neck and décolletage with the help of a brush. Leave on for 7 minutes and massage with sterile gauze for 4-5 minutes. Remove using soft sponges.



Apply a layer of **CORRECTIVE PEEL**, **LIGHTENING PEEL** o **PURIFYING PEEL**. Leave on for 15 minutes then remove with water.

3 CONTRIBUTION AND ACTIVATION _____ 26 min.



1 Contribution according to need 2 min.

Apply **NUTRICREAM⁵** according to the needs of each skin on the face, neck and neckline. Massage until completely absorbed.

APPLIANCES

For a more complete treatment it is recommended to use the LED mask.



2 Occlusion and penetration 20 min.

Apply **GREEN TEA MASK⁶** to the face, neck and décolletage with the help of a brush. Leave on for 15 minutes then remove.



3 Aporte según necesidad 2 min.

Apply **HYDROCREAM⁷** according to the needs of each skin on the face, neck and neckline. Massage until completely absorbed.

4 COMPLETION _____ 2 min.



1 Photoprotection

High photoprotection SPF50+ with Polypodium leucotomos and an anti-pollution active ingredient that offers protection against UVA, UVB, IR and VISIBLE light.



PROFESSIONAL MOISTURISING AND REPAIR TREATMENT

Cabin intensive protocols

1 PREPARE THE SKIN: Japanese double cleanse _____ 8-10 min.

All skin types



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER**¹ and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **TOTAL MAKEUP REMOVER**¹, wiping it across the entire upper eyelid.

2 Lip make-up removal 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER**¹ and wipe in a figure-of-eight motion while preventing the product from entering the mouth.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER**¹. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

4 Deep cleanse 4 min.

Emulsify **SENSITIVE CLEANSER**² and **AQUA DEFENSE**³ in a bowl. Apply the emulsion by tracing circles with the fingertips and massaging in gently. Then remove with water and disposable towels and/or sponges.

2 RENEW THE SKIN _____ 12 min.

Physical exfoliation



Exfoliate the face, neck, and décolletage with **DELICATE RENOVATION**⁴, to remove dead skin cells and activate cell renovation. Depending upon the client's degree of skin sensitivity, the peeling should last between 3 to 5 minutes. The intensity of the application massage should also be adapted to this sensitivity. Once the exfoliation process is finished, remove

3 TONING _____ 3 min.



Tone with **AQUA DEFENSE**³, applying it manually and tapping gently to aid the absorption process; relaxing, relieving, decongestive, and repairing effects will be achieved.

PROGRAM APPLICATION

4 CONTRIBUTION / ACTIVATION _____ 15 min.



Apply the contents of a tube of **SOFT-THERAPY**⁵, massaging for this type of skin, until completely absorbed.



01 Initial gentle effleurage stroke on chest, nape, neck, and face.



02 Rubbing: on cheeks and masseter muscle in a circular motion.



03 Digital frictions.



04 Orbicular figure-of-eight (∞) gentle rotations.



05 Light pressure across the whole face.



06 Facial venous drainage.



07 Gentle effleurage.



08 Vibrations on chest, nape, neck, and face.

5 OCCLUSION AND PENETRATION _____ 20-25 min.



3 AQUA DEFENSE



6 HEALING MASK

Cover the eyes and mouth with half a cotton pad moistened with **AQUA DEFENSE³**.

Cover the face and the neck with sterile gauze. Next, soak the gauze with **AQUA DEFENSE³** with the aid of a brush; this will ease the removal of the gauze when necessary. Apply the Relieving Facial Mask **HEALING MASK⁶**, using a brush or a plastic spatula.

Leave on for 20 minutes to allow the penetration of the active ingredients while providing purifying, regenerative, and relieving effects.

After 20 minutes, remove the gauze and any remnants using very soft sponges and warm water.

Tone the neck, nape, and chest with **AQUA DEFENSE³**, applying it manually.

6 PROTECTION _____ 2 min.



7 INTENSIVE DEFENSE SPF 8

Apply the final treatment emulsion **INTENSIVE DEFENSE SPF 8⁷** on the face, neck, and chest; proceed using a gentle massage until it is completely absorbed.

+ PHOTOPROTECTION _____ 2 min.



8 LIGHT FLUID SPF 50+

If necessary, add the **LIGHT FLUID SPF 50+⁸**, photoprotective cream, high photoprotection SPF 50+.

PROFESSIONAL TREATMENT FOR OILY AND/OR ACNE-PRONE SKIN

1 PREPARE THE SKIN: Japanese double cleanse _____ 8-10 min.

Oily and/or acne-prone skin



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER**¹ and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **TOTAL MAKEUP REMOVER**¹, wiping it across the entire upper eyelid.

2 Lip cleanse 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER** and wipe in a figure-of-eight motion while preventing the product from entering the mouth.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER**. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

4 Deep cleanse 4 min.

Emulsify **CLEANSING GEL**² and **LOTION**³ in a bowl. Apply the emulsion by tracing circles with the fingertips and massaging in gently. Then remove with water and disposable towels and/or sponges.

2 RENEW THE SKIN: choose an option following professional criteria _____ 15 min.

Chemical exfoliation



Apply to the face, neck and décolletage with the help of a brush. Leave on for 7 minutes and massage with sterile gauze for 4-5 minutes. Remove using soft sponges soaked in cold water.

Comedo removal 2-3 min.

To do so, remove **RENEWAL THERAPY**⁵ with water and a warm towel.



Apply a layer of **CORRECTIVE PEEL**, **LIGHTENING PEEL** or **PURIFYING PEEL**. Leave on for 15 minutes then remove with water.

3 PROTECT AND BALANCE THE pH _____ 2 min.

- 1 Make an emulsion with **CLEANSING GEL**² + **LOTION**³ in a bowl and apply to the areas treated with exfoliant by tracing circles using the fingertips. Then remove using the usual technique.

4 CONTRIBUTION AND ACTIVATION _____ 22 min.

1 Occlusion and penetration 20 min.

Using a brush or plastic spatula, apply the **PURIFYING MASK**⁵. Leave on for 20 minutes then remove using sponges and warm water.



2 Completion 2 min.

Apply **BALANCING CREAM**⁶ by gently massaging into the face, neck and décolletage until fully absorbed.



REJUVENATING GLOBAL PROFESSIONAL PROGRAM, CELL REPAIR AND REGENERATOR

Cabin intensive protocols

EXCELLENCE global anti-aging treatment has been conceived to meet the most demanding needs of mature skin. Its powerful formula is based on high concentrations of new ingredients, which work together and fight the skin's aging process by means of diverse mechanisms.

The reparative, nourishing and moisturising power of EXCELLENCE treatment makes it highly recommended for treating cutaneous density, elasticity, firmness and in cases of poorly nourished skin.

STEP-BY-STEP WORK METHODOLOGY

START AND PREPARATION OF THE SKIN

1 PREPARE THE SKIN: Japanese double cleanse _____ 8-10 min.

All skin types



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER**¹ and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **TOTAL MAKEUP REMOVER**¹, wiping it across the entire upper eyelid.

2 Lip make-up removal 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER**¹ and wipe in a figure-of-eight motion while preventing the product from entering the mouth.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER**¹. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

4 Deep make-up removal 4 min.

In a bowl, emulsify the gel and tonic suited to each skin type. Apply the emulsion by tracing circles with the fingertips and massaging in gently. Then remove with water and disposable towels and/or sponges.

2 RENEW THE SKIN: Choose an option following professional criteria _____ 6-15 min.

Physical exfoliation



6 min.

Apply **EXFOLIATING SCRUB**⁴ to the face, neck and décolletage. Massage in using gentle circular motions. Remove as usual and dry

Chemical exfoliation



12 min.

Apply to the face, neck and décolletage with the help of a brush. Leave on for 7 minutes and massage with sterile gauze for 4-5 minutes. Remove using soft sponges.



15 min.

Apply a layer of **CORRECTIVE PEEL**, **LIGHTENING PEEL** or **PURIFYING PEEL**. Leave on for 15 minutes then remove with water.

PROGRAMME APPLICATION

3 ACTIVATION _____ 5-10 min.



**COMPLEX
ACTIVATOR**
Activador
biológico

Carry out the **LIFT MASSAGE** in order to obtain a hyperemic action on the skin before starting Excellence Program.

Next, apply **COMPLEX ACTIVATOR** (Biological Activator), using different optional techniques: manual, virtual mesotherapy, radiofrequency or ionization.



4 REPARACIÓN

5-10 min.



REVITALIZING
SUBLIME

Concentrado
antiedad
facial

Apply 20 doses-pulsation of REVITALIZING SUBLIME (Concentrated Anti-aging Facial) using the EXCELLENCE MASSAGE technique. This massage is perfect for activating the facial muscles deep down and at the same time, enhancing the penetration of the active ingredients present in the treatment.

EXCELLENCE MASSAGE



01 Begin the massage, using the three middle fingers of both hands in alternate movements, starting in the middle of the forehead, ending on both temples.



02 With the index and middle finger of the right hand and the middle finger of the left hand, intertwined, apply a rubbing action from temple to temple, going across the centre of the forehead.



03 With the index and middle fingers of the left hand and the middle finger of the right hand, alternate frictional rubbing on the porcerus muscle.



04 With the middle fingers of both hands, apply an upwards sliding movement on the whole eyebrow, starting from the end.



05 With the middle fingers and thumbs of both hands, starting at the beginning of the eye brow, upwards sliding movements with gentle pinching.



06 Movements in the eye sockets with the middle fingers of both hands.



07 Rotation on both temples.



08 With both thumbs, slide around the eye socket, beginning at the temples towards the nose, going down through the centre of the cheeks, dividing them in two halves and then returning towards the ears.



09 With the three middle fingers, rubbing upwards towards the temples, finishing the movement with the other hand.



10 Upwards rubbing with the index and middle finger in V-shape, with alternate hands.



11 Circular movement on the side of the nose.



12 With both thumbs, starting in the centre of the chin, going around the mouth, with both meeting in the middle of the upper lip.



13 With the index and middle fingers of both hands, massage from the centre of the mouth in a straight line towards the ears.



14 a) Massage with alternate hands in the centre of the chin.

b) Sliding movement with alternate hands, from the centre of the neck to the nape of the head.



15 Massage with the knuckles, in the shape of chestnuts, from the chin, sliding up to the ears.



16 a) Upwards movement with both hands together, starting at the centre of the chest, sliding towards the ears and down the sides.

b) Upwards movement with both hands together, starting at the centre of the chest, the hands open upwards, towards the area behind the ears, pressing the depressions in the neck and massaging the ear-lobes.

5 OCCLUSION

1 min.



CAVIAR
NUTRITION
MASK

- 1 Gel preparación mascarilla
- 2 Polvo de alginatos

Next, prepare the CAVIAR NUTRITION MASK. To do this, mix the contents of a sachet of CAVIAR NUTRITION MASK POWDER and the contents of a sachet of CAVIAR NUTRITION MASK GEL in a bowl. Using a spatula, beat the mixture until it becomes a smooth paste. Then apply the mixture to the face, neck and décolletage and let it dry for 10 minutes.

After that, remove and cleanse the skin with cotton wool soaked in AQUA TONIC.

6 ENHANCEMENT

5-10 min.



ADVANCED REPAIR CREAM
Crema final de tratamiento

To finish off this magnificent **EXCELLENCE** treatment, perform the **GEISHA ANMA MASSAGE**, based on oriental techniques, which is highly efficient at oxygenating and providing a lifting effect for the face in a quite spectacular manner. We will start it dry and, between maneuvers 2 and 3, we will apply 10 doses-pulsation of **ADVANCED REPAIR CREAM** (Finishing Touch Cream).

GEISHA ANMA MASSAGE



01 Using the thumb, index and middle fingers of both hands, gently pinch the skin from the base of the neck to the temple. In this step, beautician must be placed in front of the client.



02 Very light stroking with the index and middle finger on the epicraneal fascia (this movement is done in the shape of a cross).



ADVANCED REPAIR CREAM
Crema final de tratamiento

Before starting maneuver number 3, apply **ADVANCED REPAIR CREAM**, on the face, neck and décolletage.



03 Sliding the finger tip on the lower chin, from the underside, to the temporomandibular joint and from there to the base of the neck.



04 Gentle pressure is applied to the centre of the forehead and then stroking down towards the base of the neck. Series repeated five times.



05 Pressing actions with the index and middle finger between the nose and upper lip sliding towards the temporomandibular joint and from there to the base of the neck. Series repeated five times.



06 Apply zig-zag friction with the finger tips to the nose, for 30 seconds.



07 Pinch the cheekbones for 30 seconds.



08 Clockwise circular movement on the frontal bone with the index and middle finger of the left hand. Simultaneously, sliding movement with the right hand in an upwards direction from the jaw towards the cheekbone. Series repeated five times.



09 Apply vibration with the fingertips to the upper cheekbone for 30 seconds.



10 Starting halfway along the lower eye lid, rubbing is applied around the eye socket. Series repeated five times.



11 With the fingertips of the thumbs, index and middle fingers, pinch the temples. Continue this action for 30 seconds.



12 As step 8, clockwise circular movement with the left hand closer to the temple. Simultaneously, sliding movement with the right hand in an upwards direction from the jaw towards the temple. Series repeated five times.



13 To finish off, apply rubbing to both sides of the face, starting at the centre of the face, sliding the hands towards the ears.

+ COMPLETION

2 min.



LIGHT FLUID SPF 50+

1 Photoprotection

If necessary, add the **LIGHT FLUID SPF 50+** photoprotective cream, high photoprotection SPF50+ with Polyodium leucotomos and an anti-pollution active ingredient that offers protection against UVA, UVB, IR and VISIBLE light.



GLOBAL PROFESSIONAL ANTIOXIDANT AND PHOTOREPAIR PROGRAM

Intensive Routines

Exclusive PROFESSIONAL ANTIOXIDANT, REVITALIZING AND FIRMING PROGRAM C VITAL by ATACHE, which acts dramatically on the appearance of premature signs of aging (lack of luminosity and comfort, expression lines, irregularities ...), neutralizing free radicals and activating collagen synthesis.

BIOLOGICAL ANTIOXIDANT TRIPLE PROTECTOR PROGRAM naturally and immediately provides all the benefits of an excellent combination of antioxidant agents and vitamins, especially pure vitamin C, guaranteeing the cellular revitalization. THE SKIN BREATHE BEAUTY AND SHOWS A BRIGHT APPEARANCE.

STEP-BY-STEP WORK METHODOLOGY

STARTING AND PREPARING THE SKIN

1 PREPARE THE SKIN: Japanese double cleanse _____ 8-10 min.

All skin types



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER**¹ and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **TOTAL MAKEUP REMOVER**¹, wiping it across the entire upper eyelid.

2 Lip make-up removal 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER**¹ and wipe in a figure-of-eight motion while preventing the product from entering the mouth.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER**¹. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

4 Deep make-up removal 4 min.

In a bowl, emulsify the gel and tonic suited to each skin type. Apply the emulsion by tracing circles with the fingertips and massaging in gently. Then remove with water and disposable towels and/or sponges.

2 RENEW THE SKIN: Choose an option following professional criteria _____ 6-15 min.

Physical exfoliation



6 min.

Apply **EXFOLIATING SCRUB**⁴ to the face, neck and décolletage. Massage in using gentle circular motions. Remove as usual and dry

Chemical exfoliation



12 min.

Apply to the face, neck and décolletage with the help of a brush. Leave on for 7 minutes and massage with sterile gauze for 4-5 minutes. Remove using soft sponges.



15 min.

Apply a layer of **CORRECTIVE PEEL**, **LIGHTENING PEEL** o **PURIFYING PEEL**. Leave on for 15 minutes then remove with water.

PROGRAM APPLICATION

3 PREPARE THE COMPRESSED FACIAL MASK _____ 1 min.



COMPLEX VITAMIN
Facial lotion



PURE VITAMIN C
Anti-aging serum



COMPRESSED MASK
Compressed facial mask

Pour 20 ml of **VITAMIN COMPLEX** in the dossifier then add 1 dose-pulsation of **PURE VITAMIN C** and stir the mixture slowly with a spatula. Thereafter, place the **COMPRESSED FACIAL MASK** into this mixture and leave until the mask material becomes flexible. Whilst the mask has absorbed all the vitamins contained in the dossifier, you can move on to the next step.

4 ACTIVATION

10 min.



PURE VITAMIN C
Anti-aging Serum



ACTIVE FLUID
Anti-aging fluid

Mix 12 doses-pulsation of **PURE VITAMIN C STRIP** with 12 doses-pulsation of **ACTIVE FLUID** and apply by gently massaging into the face, neck and décolletage.



01 Tight circles: slide upwards with your knuckles, your hands together in the centre of the neck until you reach the lower jaw moving in tight circles until you reach the earlobe. Slide downwards with your knuckles to start position. Repeat.



02 Open up the wrinkle, pull the skin apart with the pads of your fingers and make circular movements with your middle finger along the line of wrinkle.



03 To lift the lip, use both hands working at the same time. Place your index finger on the upper lip and the middle finger on the lower lip and stroke upwards, lifting the lip up.



04 Place your eight fingers under the chin. The pads of your fingers should move from under the lower lip to the centre of the upper lip, on the orbicular muscle.



05 Make circular movements with your middle fingers of both hands on the rictus whilst applying pressure upwards working the rictus wrinkle.



06 Stroke the forehead with your palm changing hands (ascending movements).



07 Pinch the wrinkles on the forehead.



08 With your index and middle fingers of the hand opposite the eye, open the wrinkle, and with your middle finger of the other hand, apply pressure with a circular movement from the cheek up to the eye. Slide down middle finger to return to starting position.



09 Apply pressure to the orbicular area and under the cheek; press 3 – 5 times on each point. Apply pressure with all eight fingers to lift up the cheeks.



10 Work on wrinkles using a pinching action.



11 Alternate palm strokes for entire lower jaw.



12 Wrap neck-line, shoulders and cervices up to the scalp.

5 OCCLUSION-PENETRATION

15 min.



ANTIOXIDANT MASK
Vitamin C and green tea face mask

Take the mask out of the dossifier and carefully extend it over the face. Leave the mask to work and prepare the next step. Empty the contents of **ANTIOXIDANT MASK** into a bowl, oxygenate with a spatula or stick and add 90 - 110 ml. of water. Stir the mixture until you have a smooth paste. Now apply the **ANTIOXIDANT MASK** on top of the face mask previously placed on the face, including the neck and neckline. Wait until absorbed, leave to work for approximately 10 minutes. When this time has expired, take off the two masks together and clean any remains with cotton wool dipped in **AQUA TONIC**.

6 CONCLUSION

2 min.



PURE VITAMIN C
Anti-aging Serum



ACTIVE FLUID
Anti-aging fluid

Mix 2 doses-pulsation of **PURE VITAMIN C** and 3 doses-pulsation of **ACTIVE FLUID** and massage in until fully absorbed.

+ PHOTOPROTECTION

2 min.



LIGHT FLUID
SPF 50+

If necessary, add the **LIGHT FLUID SPF 50+** photoprotective cream, high photoprotection SPF50+ with Polypodium leucotomos and active antipollution that offers protection against UVA, UVB, IR and VISIBLE light.



GLOBAL PROFESSIONAL ANTI-WRINKLE PROGRAM

Cabin intensive protocols

A full anti-wrinkle treatment which associates pure RETINOL with Q10 Con-enzyme, thus obtaining an extra powerful action, against free radicals. This perfect combination increase the action of the RETINOL and increases the production of energy in skin cells, enhancing its normal function. Moreover, it smoothes out lines of expression and attenuates wrinkles of the face, neck and décolletage.

STEP-BY-STEP WORK METHODOLOGY

STARTING AND PREPARING THE SKIN

1 PREPARE THE SKIN: Japanese double cleanse _____ 8-10 min.

All skin types



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER¹** and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **TOTAL MAKEUP REMOVER¹**, wiping it across the entire upper eyelid.

2 Lip make-up removal 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER¹** and wipe in a figure-of-eight motion while preventing the product from entering the mouth.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER¹**. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

4 Deep make-up removal 4 min.

In a bowl, emulsify the gel and tonic suited to each skin type. Apply the emulsion by tracing circles with the fingertips and massaging in gently. Then remove with water and disposable towels and/or sponges.

2 RENEW THE SKIN: Choose an option following professional criteria _____ 6-15 min.

Physical exfoliation



6 min.

Apply **EXFOLIATING SCRUB⁴** to the face, neck and décolletage. Massage in using gentle circular motions. Remove as usual and dry

Chemical exfoliation



12 min.

Apply to the face, neck and décolletage with the help of a brush. Leave on for 7 minutes and massage with sterile gauze for 4-5 minutes. Remove using soft sponges.



15 min.

Apply a layer of **CORRECTIVE PEEL**, **LIGHTENING PEEL** o **PURIFYING PEEL**. Leave on for 15 minutes then remove with water.

APLICACIÓN DEL PROGRAMA

3 ACTIVATION _____ 10 min.



Mix the content of two **RETINOL** pearls with one **Q10 PEARL** in a small bowl. Apply the mixture, with an ATACHE anti-wrinkle massage on the area affected by the wrinkles or lines of expression. End by applying the leftover product mixture to the face, neck and d colletage, using gentle smoothing and facial kneading until fully absorbed.

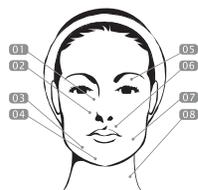
4 MODELING MASSAGE _____ 15 min.



Apply **HYDROCREAM** strip to the face, neck and décolletage (leaving a small amount to finish the treatment) by modeling massage in an ascending direction, following the direction of the muscles, from the décolletage to the forehead until completely absorbed.



To be performed three to five times, according to skin zone and wrinkle depth.



- 01. TRANSVERSE FACIAL NERVE.
- 02. ZYGOMATICUS MINOR.
- 03. DEPRESSOR LABII INFERIORIS.
- 04. MENTALIS.
- 05. MASSETER.
- 06. STERNOCLEIDOMASTOID.



01 Circle the lip outline: trace circles round the outline of upper lip using your middle finger.



02 Smooth out upper lip area using thumb.



03 Circular motion on outer chin area using both middle fingers.



04 Using the index and middle finger of one hand, open a wrinkle on the forehead and with the middle finger of the other hand, apply a circular, rubbing action. After covering the whole frontal muscle, change hands and repeat.



05 Using your middle fingers produce a zigzag movement perpendicular to the wrinkle.



06 Using your index and middle fingers from the hand opposite the eye open the wrinkle area, and using your middle finger from your other hand massage in a circular motion starting at the side of the eye up to the eye contour, and back to initial place.



07 Lightly tap the chin and lower face area several times.

5 OCCLUSION-PENETRATION _____ 20 min.



HYDRAMASK
Máscara facial
y cuello

Open a HYDRAMASK sachet and extract both masks, "Face and Neck". Remove the protective film and place the gel side of the masks onto the face and neck, until perfectly fitted, keeping them in place for 20 minutes.

6 FINALIZACIÓN _____ 10 min.



HYDROCREAM
Crema hidratante
intensiva

After 20 minutes of occlusion, remove the HYDRAMASK. Then apply the remaining content of the HYDROCREAM strip on the face, neck and décolletage by gently massaging upwards, following the direction of the muscles, from the neckline to the forehead until completely absorbed.

+ PHOTOPROTECTION _____ 2 min.



LIGHT FLUID
SPF 50+

If necessary, add the LIGHT FLUID SPF 50+ photoprotective cream, high photoprotection SPF50+ with Polypodium leucotomos and active antipollution that offers protection against UVA, UVB, IR and VISIBLE light.

LIFTING EFFECT FACE AND NECK INTENSIVE PROGRAM

Cabin intensive protocols

A new professional treatment concept for facial lifting, the alternative to cosmetic surgery. The revolutionary formula combines Hyaluronic Acid, Soya Isoflavones, Essenskin®, a specific ingredient for the neck and Gatuline® In-Tense to fight against the loss of volume and firmness. LIFT THERAPY PROGRAM, acts on the architecture of the dermis, naturally activating and reorganising collagen and elastin. Increases the skin's moisture content, density and adds firmness, making it visibly smoother and adding surprising redefinition to the facial outline.

STEP-BY-STEP WORK METHODOLOGY

STARTING AND PREPARING THE SKIN

1 PREPARE THE SKIN: Japanese double cleanse _____ 8-10 min.

All skin types



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER¹** and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **TOTAL MAKEUP REMOVER¹**, wiping it across the entire upper eyelid.

2 Lip make-up removal 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER¹** and wipe in a figure-of-eight motion while preventing the product from entering the mouth.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER¹**. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

4 Deep make-up removal 4 min.

In a bowl, emulsify the gel and tonic suited to each skin type. Apply the emulsion by tracing circles with the fingertips and massaging in gently. Then remove with water and disposable towels and/or sponges.

2 RENEW THE SKIN: Choose an option following professional criteria _____ 6-15 min.

Physical exfoliation



Apply **EXFOLIATING SCRUB⁴** to the face, neck and décolletage. Massage in using gentle circular motions. Remove as usual and dry

Chemical exfoliation

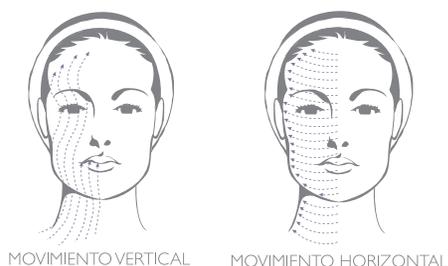


Apply to the face, neck and décolletage with the help of a brush. Leave on for 7 minutes and massage with sterile gauze for 4-5 minutes. Remove using soft sponges.



Apply a layer of **CORRECTIVE PEEL**, **LIGHTENING PEEL** or **PURIFYING PEEL**. Leave on for 15 minutes then remove with water.

MESSAGE PRIOR TO APPLICATION OF THE PROGRAM



Before applying LIFT THERAPY PROGRAM products, give an activating, physioroulage massage with the goal of obtaining a hyperemiant action, thus preparing the skin for the absorption of the programme's active ingredients.

This technique uses the thumb and index finger softly stroking a fold of the skin, in a sliding movement between finger and thumb. The skin fold should be touched in a way that separates the cutis and the underlying muscular layer facilitating rapid sliding of the fold.

3 ACTIVATION _____ 10 min.



**PERFORMANCE
NECK SOLUTION +**
Serum reafirmante
doble mentón y
cuello



**LIFT
EXCELLENCE**
Concentrado
reafirmante
facial

The activation stage begins with the application of a single dose tube of **PERFORMANCE NECK SOLUTION** by means of active massaging, always upwards in direction, until completely absorbed. Next, apply the contents of a single-dose tube of **LIFT EXCELLENCE** concentrated facial firmer, using an upward-movement hand massage and patting movements until fully absorbed.

4 OCCLUSION-PENETRATION _____ 15-20 min.



**MODEL LIFT
MASK**
Máscara
reafirmante
rostro y cuello

MODEL LIFT MASK place 30 gr ammes in a bowl, beat with a spatula or whisk and add 90 - 110 ml. of water, preferably mineral . Next, beat the mixture until a homogenous paste is obtained in 1 or 2 minutes. Next, apply **MODEL LIFT MASK** to the face , neck and décolletage (do not take more than 5 minutes). Leave it on for between 15-20 minutes After this time , remove the **MODEL LIFT MASK**.

5 FINALIZATION _____ 2 min.



**SCULPT
LIFT SHOCK**
Emulsión final de
efecto tensor

As the final part of the programme, apply **SCULPT LIFT SHOCK**, tensing effect final emulsion, on the face, neck and décolletage, by means of a gentle massage until completely absorbed.

+ PHOTOPROTECTION _____ 2 min.



**LIGHT FLUID
SPF 50+**

If necessary, add the **LIGHT FLUID SPF 50+** photoprotective cream, high photoprotection SPF50+ with Polyodium leucotomos and active antipollution that offers protection against UVA, UVB, IR and VISIBLE light.

GENERAL CHEMICAL PEEL INTRODUCTION

General introduction

ANTI-AGEING



CORRECTIVE PEEL

Treatment to reduce expression lines

Glycolic acid	7,5%
Ferulic acid	3%
Citric acid	2,5%
Lactic acid	2,5%
Retinol	0,2%
pH: 3,5	

DEPIGMENTING



LIGHTENING PEEL

Facial depigmenting treatment

Glycolic acid	7,5%
Lactic Acid	2,2%
Ferulic acid	2,5%
Tranexamic acid	2%
4-Butylresorcinol	1%
Vitamin B3 (niacinamide)	2%
Undecylenoyl phenylalanine	1,5%
pH: 3,5	

PURIFYING



PURIFYING PEEL

Purifying and exfoliating

Lactic acid	5%
Azelaic acid	3%
Malic acid	3%
Salicylic acid	2%
Retinol	0,2%
pH: 3,5	

WAYS TO BE USE

- Lightens skin spots.
- Skin irregularities: dry skin, stratum corneum, blemishes on acne-prone and seborrheic skin.
- Wrinkles: expression lines and wrinkles.
- Loss of elasticity: parchment skin.
- Erosion of the skin due to surgical or traumatic effects.
- Aesthetic after-effects in skin suffering from acne.

BENEFITS

- Combined system: Peel + Treatment sealant and enhancer with high concentrations of retinol.
- Following the protocol guidelines and recommendations, a high level of system safety and a high tolerance are achieved.
- In every season of the year.
- Non-invasive method.
- Effective combinations: acids (AHAs/BHAs) + treatment active ingredients.

POST-PEEL RECOMMENDATIONS AND CARE

- Avoid sun and UVA ray exposure.
- Use photoprotectors.
- Avoid exposure to heat and do not use saunas, spas or jacuzzi, or do vigorous exercise.
- Avoid bathing in swimming pools for 48 hours.
- Home treatment in line with the professional treatment carried out.
- Do not use aggressive soaps for 48 hours.
- Do not remove hair from the treated area.
- Do not scratch or touch the treated area.

PROVEN RESULTS

- Healthy, refreshed skin
- Brighter skin
- Even tone
- Improved hydration levels
- Correction of acne and superficial scars



GENERAL CHEMICAL PEEL INTRODUCTION

Intensifier Supreme Sealant

SUPERFICIAL CHEMICAL PEEL TREATMENT



INTENSIFIER SUPREME

1% retinol cream
(0.5% free, 0.5% liposomal)

Post-treatment sealant
that enhances any superficial
chemical peel treatment, as
well as other facial depigmenting
procedures or those for acne-prone skin.



RESULTS



Encourages
cell renewal



Reduces wrinkles
and expression lines



Whitening
effect



Protects against
photoageing



DEPIGMENTATION PEEL TREATMENT

Peeling protocol

- 1 **PREPARE THE SKIN: Hygiene, double make-up removal, healthy skin** 7-10 min.



- 1 **Eye make-up removal** 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER**¹ and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **CLEANSING GEL**², wiping it across the entire upper eyelid.

- 2 **Lip make-up removal** 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER**¹ and wipe in figures-of-eight.

- 3 **Facial make-up removal** 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER**¹. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

Apply **CLEANSING GEL**² by gently massaging in, emulsifying with water using the fingertips. Remove with water and disposable towels and/or sponges.

- 2 **KERATOLYTIC PEEL TREATMENT** 15-17 min.

- 1 **Apply LIGHTENING PEEL**³ 4 min.

Apply a layer of **LIGHTENING PEEL**³ to the face and neck using a brush and massage in to assist the product's penetration.

- 2 **Apply CORRECTIVE PEEL**⁴ 5-7 min.

Apply a second layer of **CORRECTIVE PEEL**⁴ to the face and neck using a brush and massage in to improve the product's penetration. Leave to dry.

- 3 **Seal** 2 min.

Without rinsing, seal with **INTENSIFIER SUPREME**⁵ by applying a layer to be kept on for 6-8 hours before removing at home.

Reapply **INTENSIFIER SUPREME**⁵ on two consecutive nights and reapply on three consecutive nights one week after treatment.

- 4 **Completion** 2 min.

Apply **BE SUN LIGHT FLUID**⁶ SPF50+ before leaving the clinic. Be Sun offers high photoprotection (SPF50+) with **Polypodium leucotomos** and an anti-pollution active ingredient that protects against UVA, UVB, IR and **VISIBLE** light radiation.



HOME TREATMENT

Japanese double cleanse + depigmentation treatment

Months 1 and 2

TOTAL MAKEUP REMOVER + MAKEUP REMOVER GEL + AQUA TONIC



Day & night



Day



3 times a week



Month 3

TOTAL MAKEUP REMOVER + MAKEUP REMOVER GEL + AQUA TONIC



Night



Day and night



To keep up the treatment, continue using **DP3 SERUM**⁴ at night and **DAY CREAM**⁶ SPF 50+ during the day.



PEEL TREATMENT FOR OILY AND/OR ACNE-PRONE SKIN

Peeling protocol

1 PREPARE THE SKIN: Hygiene, double make-up removal, healthy skin — 7-10 min.



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER**¹ and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **CLEANSING GEL**², wiping it across the entire upper eyelid.

2 Lip make-up removal 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER**¹ and wipe in figures-of-eight.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER**¹. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

Apply **CLEANSING GEL**² by gently massaging in, emulsifying with water using the fingertips. Remove with water and disposable towels and/or sponges.

2 KERATOLYTIC PEEL TREATMENT

15-17 min.

1 Apply PURIFYING PEEL³ 5-7 min.

Apply a layer of **PURIFYING PEEL**³ to the face and neck using a brush and massage in to assist the product's penetration.

2 Apply LIGHTENING PEEL⁴ 4 min.

Apply a second layer of **LIGHTENING PEEL**⁴ to the face and neck using a brush and massage in to improve the product's penetration. Leave to dry.

3 Seal 2 min.

Without rinsing, seal with **INTENSIFIER SUPREME**⁵ by applying a layer to be kept on for 6-8 hours before removing at home.

Reapply **INTENSIFIER SUPREME**⁵ on two consecutive nights and reapply on three consecutive nights one week after treatment.

4 Completion 2 min.

Apply **BE SUN LIGHT FLUID**⁶ SPF50+ before leaving the clinic. Be Sun offers high photoprotection (SPF50+) with **Polypodium leucotomox** and an anti-pollution active ingredient that protects against UVA, UVB, IR and VISIBLE light radiation.



HOME TREATMENT

Comprehensive routine for oily and/or acne-prone skin adapted to specific needs

Japanese double cleanse + OILY SK

TOTAL MAKEUP REMOVER + CLEANSING GEL + AQUA DEFENSE

<p>Day & night According to skin's requirements</p> <p>1 BALANCING CREAM I To purify</p> <p>or</p> <p>1 BALANCING CREAM II To balance</p>	<p>Once or twice a week</p> <p>2 PURIFYING MASK Purifying face mask to deeply cleanse</p>	<p>Treatment enhancer</p> <p>3 RENEWAL THERAPY Once a week. Renewing facial exfoliant</p>	<p>Specific For localised spots</p> <p>4 SPECIFIC SOLUTION</p>	<p>Day</p> <p>5 LIGHT FLUID SPF 50+ or 5 GEL CREAM COLOR SPF 50+</p>
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EXPRESSION LINES CHEMICAL PEEL TREATMENT

Chemical peel protocol

1 PREPARE THE SKIN: Hygiene, double make-up removal, healthy skin — 7-10 min.



1 Eye make-up removal 2 min.

Place half of a cotton pad soaked with water on the base of the lower eyelashes. Then soak a cotton bud in **TOTAL MAKEUP REMOVER**¹ and press from the roots to the tips of the eyelashes. Continue with another cotton bud soaked in **CLEANSING GEL**², wiping it across the entire upper eyelid.

2 Lip make-up removal 2 min.

Soak some cotton wool with **TOTAL MAKEUP REMOVER**¹ and wipe in figures-of-eight.

3 Facial make-up removal 4 min.

Apply to the entire face by gently massaging in **TOTAL MAKEUP REMOVER**¹. Then, with wet hands, emulsify the oil by gently massaging in circular movements with the fingertips when wet. Remove with water and disposable towels and/or sponges.

Apply **CLEANSING GEL**² by gently massaging in, emulsifying with water using the fingertips. Remove with water and disposable towels and/or sponges.

2 KERATOLYTIC PEEL TREATMENT — 15-17 min.

1 Apply CORRECTIVE PEEL³ 5-7 min.

Apply a second layer of **CORRECTIVE PEEL**³ to the face and neck using a brush and massage in to improve the product's penetration. Leave to dry.

2 Apply LIGHTENING PEEL⁴ 4 min.

Apply a layer of **LIGHTENING PEEL**⁴ to the face and neck using a brush and massage in to assist the product's penetration.

3 INTENSIFIER SUPREME⁵ SEAL 2 min.

Without rinsing, seal with **INTENSIFIER SUPREME**⁵ by applying a layer to be kept on for 6-8 hours before removing at home.

Reapply **INTENSIFIER SUPREME**⁵ on two consecutive nights and reapply on three consecutive nights one week after treatment.

4 Completion 2 min.

Apply **BE SUN LIGHT FLUID**⁶ SPF50+ before leaving the clinic. Be Sun offers high photoprotection (SPF50+) with **Polypodium leucotomos** and an anti-pollution active ingredient that protects against UVA, UVB, IR and **VISIBLE** light radiation.



HOME TREATMENT

Japanese double cleanse + CV or VA anti-ageing treatment according to each skin type

CVITAL antioxidant treatment

TOTAL MAKEUP REMOVER + MAKEUP REMOVER GEL + AQUA TONIC



Night



Day



Specific



VITAL AGE anti-ageing renewal treatment

TOTAL MAKEUP REMOVER + MAKEUP REMOVER GEL + AQUA TONIC



Night



Day



Specific



POST-HAIR GRAFT TRANSPLANT TREATMENT

1 MbM¹



Ref. 610657
30 ml

Made with **Hypericum perforatum L.** and *Olea europaea* that stimulates natural skin regeneration. Hyperforin and the main elements of olive oil have regenerating, antioxidant and microbial protection properties. In addition, they reduce free radical formation and stabilise the skin lipids responsible for the barrier effect.



2 HYPERICUM GEL²



Ref. 610631
50 ml

Gel for topical use based on **Hypericum perforatum L.** extract and glycerine, with a regenerating, antioxidant, moisturising and calming effect that improves skin comfort.



PROTOCOL:

1 POST-IMPLANT

7 days post-treatment

- The second day after the operation, apply MbM¹ to the donor site three times a day, leaving it uncovered. Continue this process for seven days.

2 WEEK 2

- After applying step 1 for seven days, use HYPERICUM² three times a day, without covering or massaging until the end of the post-treatment period.

RESULTS



Día 1

Día 2

Día 3

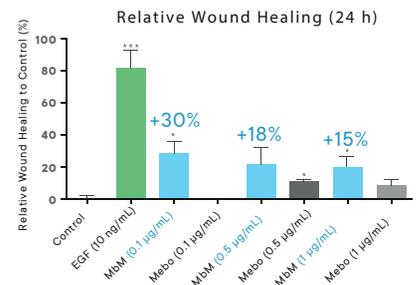
Día 4

MbM

Stimulates natural skin regeneration



- MbM¹ demonstrates a greater regenerative capacity than the control product in keratinocyte cultures³.
- MbM oil softens the skin and prevents lesions caused by erosion⁴.
- Hypericum perforatum** provides reepithelialisation power, improving tissue regeneration through the proliferation of fibroblasts, collagen and revascularisation⁵.



Adela Serrano Gimeno, Jose Luis Mullor San José In vitro assessment of the wound healing capacity of MbM vs mebo in human keratinocytes Inf 514 18 04 Study carried out for internal use, not published in a journal. 4 Inmaculada Lupiáñez Pérez et al Effectiveness of olive oil for the prevention of pressure ulcers caused in immobilized patients within the scope of primary health care study protocol for a randomized controlled trial Trials 2013 14 384. 5 Topical Hypericum perforatum Improves Tissue Regeneration in Full Thickness Excisional Wounds in Diabetic Rat Model Yadollah Damavandi S et al Evid Based Complement Alternat Med 2015.

PROFESSIONAL SKIN PREPARATION AND REPAIR TREATMENT FOR LASER HAIR REMOVAL

SUITABLE FOR ANY TYPE OF LASER



Ref. 640554 250 ml
Ref. 640553 50 ml

1 DEPILO COMFORT¹

Renewing, soothing and moisturising gel designed for any type of laser hair removal. Made with ***Hypericum perforatum*** extract, which has regenerating effects, and glycerine, which delays water loss from the skin and intensely moisturises.

TRIPLE ACCIÓN:



Regenerating



Soothing



Moisturising

2 LIGHT SKIN²

Exfoliating and revitalising gel based on jojoba pearls and soya proteins. Renews the surface of the skin and leaves it ready for other treatments.

DOBLE ACCIÓN:



Exfoliating



Revitalising



Ref. 640304
200 ml

PROTOCOL*:

1 SKIN PREPARATION

7 days before treatment

- Apply **DEPILO COMFORT¹** daily for seven days prior to hair removal treatment to keep the skin moisturised and protected. Apply after showering to dry skin.
- Three days before treatment, start exfoliating daily with **LIGHT SKIN²**. Apply as a bath gel to wet skin by massaging in circular motions for several minutes. Then continue to apply **DEPILO COMFORT¹**.
- The day before treatment, carefully shave the area to be treated.

2 CLINIC TREATMENT

- After hair removal, apply **DEPILO COMFORT¹** to soothe the skin and reduce inflammation.

3 SKIN RENEWAL

7 days after treatment

- In the week following treatment, apply **DEPILO COMFORT¹** daily to dry skin after showering to moisturise, soothe and renew the skin.

4 EXFOLIATION

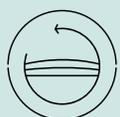
- Seven days after treatment, exfoliate with **LIGHT SKIN²**, repeating the process every seven days until the product has run out.

* Repeat this protocol every time hair removal treatment is performed.

Business advice:

We recommend including this protocol within the laser hair removal treatment purchase package and not as an optional extra at the salon. This protocol aims to improve results and customer satisfaction, given that it helps to prepare the skin in advance and then helps it to recover correctly. Furthermore, it optimises the treatment's profitability.

RESULTS



Renewing



Calming



Moisturising



Revitalising



GENERAL MASSAGE PROTOCOL

Salon body protocols

1 GENERAL SKIN PREPARATION PROTOCOL

15 min.



- 1 Help the patient to get comfortable and gently wet the area to be treated with **AQUA DEFENSE**¹.
- 2 Apply 2 grams of **CRYSTAL SUGAR**² to the area to be treated and massage in ascending circular movements. Reapply until the entire area to be prepared has been worked.
- 3 Then wet the entire worked area with **AQUA DEFENSE**¹ to dissolve the **CRYSTAL SUGAR**² particles, gently massaging the area. Then remove any product remains with a wet towel.

2 ACTIVATION

10 min.



Apply **SEA MASSAGE**³ to clean skin, massaging with the appropriate technique selected by the professional (physiotherapy, maderotherapy, lymphatic draining, etc.) according to the needs of each patient.



Massage cream with anti-cellulite and firming properties.

THE PROPERTIES OF SEA MASSAGE ALLOW:

- Slow absorption, which facilitates a long-lasting massage with no need to apply more product.
- Care for the professional's hands during the massage.
- Full absorption without leaving any residue on the skin after being applied. Inconvenient balls of residue are not formed.
- Suitable for all skin types.

Main active ingredients



Jojoba Oil



Sweet Almond Oil



Fucus Algae*



Laminaria Algae*



OmegaFresh

*Active ingredients not recommended in patients with hyperthyroidism.

WHY CHOOSE BODY EXFOLIATION WITH CRYSTAL SUGAR



Exfoliant based on cane sugar.
Renews and nourishes the skin, leaving it silky to the touch.

CRYSTAL SUGAR is a physical body exfoliant that allows the areas to be treated with different salon treatments to be prepared. The characteristics of CRYSTAL SUGAR enable professionals to carry out an agile, fast exfoliation on a **bed**. As a shower isn't required for this exfoliation, the patient doesn't have the inconvenience of having to shower at the salon. It notably increases the effectiveness and sense of service in treatments while making them more profitable by reducing times and the infrastructure required.

Main active ingredients



Brown cane sugar



OmegaFresh



Glycols

Sucrose; Glycerin; Propylene Glycol; Peg-8 Beeswax; Sodium Chloride; Propylene Glycol Dipelargonate; Caprylic/Capric Triglyceride Peg-4 Esters; Dimethicone; Octyldodecyl Myristate; Cyclopentasiloxane; Ethoxydiglycol; Glyceryl Dibehenate; Tribehenin; Polyacrylamide; Aqua; Glyceryl Stearate; Cetyl Alcohol; Phenoxyethanol; C13-14 Isoparaffin; Glyceryl Behenate; Peg-75 Stearate; Steareth-20; Ceteth-20; Parfum; Laureth-7; Methylparaben; Propylparaben; Ethylparaben; Mentha Arvensis Leaf Oil; Citrus Limon Fruit Extract; Cupressus Sempervirens Oil; Lavandula Hybrida Oil; Limonene; Linalool; Cistus Ladaniferus Oil; Citral

DEPIGMENTING BODY TREATMENT

Salon body protocols

1 GENERAL SKIN PREPARATION PROTOCOL

15 min.



- 1 Help the patient to get comfortable and gently wet the area to be treated with **AQUA DEFENSE**¹.
- 2 Apply 2 grams of **CRYSTAL SUGAR**² to the area to be treated and massage in ascending circular movements. Reapply until the entire area to be prepared has been worked.
- 3 Then wet the entire worked area with **AQUA DEFENSE**¹ to dissolve the **CRYSTAL SUGAR**² particles, gently massaging the area. Then remove any product remains with a wet towel.

2 ACTIVATION

10 min.



Treat the spot directly with **LIGHTENING PEEL**³. To facilitate its penetration, and at the discretion of the professional, Dermapen may be used. Most common areas: hands, décolletage, underarms, knees, elbows and genital area. Rinse with water.
(This step can be replaced with a laser treatment).

3 GENERAL DEPIGMENTING TREATMENT

10 min.

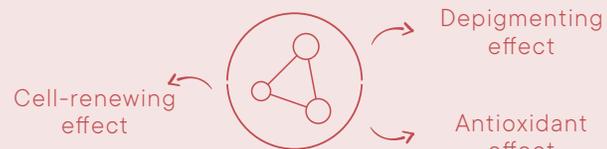


Massage the spot and the rest of the area to be treated with **WHITENING MILK**⁴.

KLIGMAN TRIAD

Combination of active ingredients that is highly effective in treating skin pigmentation. Its triple-lightening effect intervenes in the numerous factors that cause hyperpigmentation, brightening and evening out the skin tone.

Inhibits tyrosinase action, reducing the amount of melanin it produces and, therefore, preventing the reappearance of hyperpigmentation. It has an antioxidant effect, meaning the skin will not react to the medication applied, nor will it scar, leading to new spots. It also has a keratolytic effect that activates cell regeneration, which accelerates the shedding of pigmented cells.



4 COMPLETION

3 min.



Niacinamide, or vitamin B3, has a depigmenting effect that completes all other treatments by inhibiting the transfer of melanosome from the melanocytes to the keratinocytes.

HOME TREATMENT (3 min)

Recommend the continuation of Whitening Milk and Niaciderm home treatment



ANTI-CELLULITE BODY TREATMENT

Salon body protocols

1 GENERAL SKIN PREPARATION PROTOCOL

15 min.



- 1 Help the patient to get comfortable and gently wet the area to be treated with **AQUA DEFENSE**¹.
- 2 Apply 2 grams of **CRYSTAL SUGAR**² to the area to be treated and massage in ascending circular movements. Reapply until the entire area to be prepared has been worked.
- 3 Then wet the entire worked area with **AQUA DEFENSE**¹ to dissolve the **CRYSTAL SUGAR**² particles, gently massaging the area. Then remove any product remains with a wet towel.

2 ACTIVATION

10 min.



Apply plenty of **CELLU-ATTACK**³ to the area to be treated prior to exfoliating. Massage in circular motions or knead in an ascending direction.

The professional may decide to occlude the area for 20 minutes using an osmosis sheet or film.

4 COMPLETION

10 min.



Apply **SEA MASSAGE**³ to clean skin, massaging with the appropriate technique selected by the professional (physiotherapy, maderotherapy, lymphatic draining, etc.) according to the needs of each patient.

*Active ingredients of SEA MASSAGE not recommended in patients with hyperthyroidism.

DRAINING PROTOCOL RECOMMENDATIONS FOR MADEROTHERAPY AND PHYSIOTHERAPY

ATACHE

DERMATOLOGICAL CARE

ATACHE

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